



Team Assignments and Groups

2024-2025

The BASDT coaching staff, parents and athlete will do their best to decide what group fits the kid. Some of the qualities the staff looks at is work ethic, flexibility, strength, overcoming fear, and coachable.

This year we are working hard to give each kid an opportunity to fit with a group. In this schedule, there isn't much redundancy of staff. If a coach becomes ill, groups maybe temporarily combined to offer training. We will send out weekly emails to help communicate any adjustments.

The Red group is for those working to qualify for AAU Nationals and attend the meet in July. Just making the score does not guarantee participation. Some families may register for USA dive with Regionals being in March, Zones in May or June and Nationals being in later July or August. They practice 4 days per week and more in the summer. The Blue group is for kids with JO and Novice lists attending local meets. They practice 3 x per week. We have other groups like home school, masters and high school. They practice 2 x per week or less. We want to offer families the opportunity to get into competitive dive with options that fit their needs.

Periodically, depending on growth of the team, coaches may re-evaluate the athletes and move a diver to a different lesser challenging level. These policies are designed and enforced to create the highest competitive atmosphere possible and ensure the most effective learning environment to help each athlete. It is not punishment, but a means to fine tune limited practice time and give each athlete the best environment to succeed.

Athlete Signature _____ Date _____

Parent/Guardian Signature _____ Date _____